

# SAVE THE DATE!

Yorkshire and Humberside  
Spring Event & AGM  
21 March 2019



## Venue:

Bradford City Football Club

Time: 09:00 for 09:30

The events theme is:

**G**et  
**O**besity  
**A**way 4  
**L**ife

and will focus on nutrition and health.



## Speakers



Ex-Professional footballer **Ian Ormonroyd** will be talking about the life and experiences of a professional footballer. Ian was born in Bradford and is a City legend. He has played football at all levels, including spells at other prominent clubs including Leicester City, Derby City and Aston Villa. Ian's favourite career memory has to be playing at Wembley 4 times; however, winning with Bradford City was probably the best.

The Bradford City Community Foundation Manager **Adam Thirsk** will also be speaking about the work of the Foundation.

Adam joined the Community Foundation aged 16 as an apprentice football coach. He's now been with the Foundation for over 14 years, with brief spells out to coach in The USA & Norway. Adam has undertaken almost every role within the charity. After 5 years building and heading up the extremely successful NCS programme, Adam secured the position of Community Manager in Summer 2018, working alongside the Charity's CEO Ian Ormondroyd.



**Kraft Heinz**  
FOODSERVICE



**Cost per person £30 (members), £40 (non members). Refreshments & Lunch included.**



As a qualified Nutritionist working with Manchester Fayre, the City Council's catering team, since 2002 **Louise McErlain** has delivered year on year improvements with the school meal service around health and nutrition. Louise uses her knowledge and experience to positively influence the dietary habits of children and families in Manchester.

Louise's contribution has made Manchester Fayre's service a market leading service, winning numerous awards and nominations including LACA Nan Berger award 2019, LACA 2016 Change4Life award and the Cost Sector 2014 & 2015 Health & Nutrition Award.

A regular guest speaker at Universities and colleges throughout the northwest, Louise shares her experiences of working within the school meal sector with students studying health and nutrition.

Louise also provides consultancy support to LACA with a menu checking service that supports school caterers with ensuring their menus are fully compliant with School Food Standards.



**Stephen Forster** is National Vice Chair of LACA and Chair of the Communications Group

His day job is Business Development Director - Local Authority Group Contracts for Chartwell's.

Stephen will give us a 'View from The Bridge' regarding LACA, its exciting plans and future direction



Throughout the day there will be a charity raffle supporting the 'The Bradford City Community Foundation' .....fantastic prizes

Health Quiz with your quiz host Damien O'Brien

The opportunity to network with colleagues and suppliers

## Regional AGM

**Cost per person £30 (members), £40 (non members). Refreshments & Lunch included**